

**Intermediate** 



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## **Unit I: Outdoor activities**



#### **Mountain climbing**



Dad: Are you sure you want to do this?

Haley: I've made up my mind. I'm joining the mountaineering club.

Dad: I'm worried about you.

Haley: I'll be just fine. I'm in perfect shape.

Dad: If this is your final decision, knock yourself out.

#### **Expressions/vocabulary**

make up one's mind - to reach a decision about something

I'm in perfect shape – I'm in good health

Knock yourself out – go ahead and do it

**mountaineering club** – club wherein the members regularly climb mountains

I've made up my mind. / I already made a decision.

I'm in perfect shape. / I'm healthy.

I'll be just fine. / I'll be ok.

#### **Activity**

What do these words have in common?

Climb

Crumb

Womb

Comb

# **Unit I: Outdoor activity**





#### Skiing

Norma: How's it going?

Derek: I went skiing yesterday. Maybe you should come with me next time.

Norma: That sounds exciting. When will you go skiing again?

Derek: This Wednesday. They have a 50% off if I'm going to bring along 4

friends with me.

Norma: Three more to go. I have cousins coming over. Can they join us?

Derek: Absolutely!

#### **Expressions/vocabulary**

They have 50% off.— They have 50% discount

**bring along** – bring someone or something to a certain place or event

come over - to pay a visit

I went skiing yesterday. / I went to ski yesterday.

Three more to go. / We need three more people.

Absolutely! / Surely!

#### **Activity**

Unscramble the names of these winter sports.

nobrosnigawd =>

delsnigd =>

cei ceykoh =>

# **Unit I: Outdoor activity**



#### **Picnic**



Erwin: Are you spending the weekend with your family?

Jason: Nope. I'll go on a picnic with my officemates.

Erwin: Well, I've got some bad news for you. According to the weather forecast, it's

going to be rainy this weekend.

Jason: Really? I guess, we'll have to bring umbrellas and raincoats as well.

#### **Expressions/vocabulary**

go on a picnic – to have a picnic

weather forecast – refers to the weather prediction

as well - also, too

nope - informal way of saying "no"

Are you spending the weekend with your family?

I'll go on a picnic with my officemates.

I've got some bad news for you.

#### **Activity**

#### Read this tongue twister excerpt.

Whether the weather be fine or whether the weather be not, whether the weather be cold or whether the weather be hot, we'll weather the weather whatever the weather whether we like it or not.

# **Unit I: Outdoor activity**



#### Scuba diving



Jamie: They charge a minimal fee for the scuba diving lessons. Let's sign up.

Berna: I don't think so.

Jamie: Come on! Let's not miss out on all the fun here.

Berna: I might freak out down there and go up suddenly.

Jamie: The scuba diving instructors are certified. They'd tell you what to do.

Berna: I'm not willing to risk my neck. I'll probably just go snorkeling.

#### Expressions/vocabulary

freak out - to panic or lose control

certified - qualified

**snorkel** – tube allowing swimmers to breathe while face down in the water

They charge a minimal fee. I might freak out down there.

Let's sign up. I'm not willing to risk my neck.

Let's not miss out on all the fun

#### Activity

What does SCUBA stand for?

## **Unit II: Fitness and health**





#### **Exercise**

Nikki: I lost 10 pounds in just a couple of weeks.

Andy: I don't see any changes.

Nikki: I'm not joking. Look at the bathroom scale.

Andy: Are you sure it's not broken?

Nikki: It's not!

Andy: So what did you do to lose those extra pounds?

Nikki: I did Pilates and kickboxing.

#### **Expressions/vocabulary**

**bathroom scale** – step-on device people use to weigh themselves on **Pilates** – a kind of exercise that develops flexibility, balance and strength **kickboxing** – combination of karate and boxing

What did you do to lose those extra pounds? / What did you do to lose weight/What did you do to get back in good shape? I lost 10 pounds in just a couple of weeks. I did Pilates and kickboxing.

#### **Activity**

Which expression doesn't belong to the group?

-fit as a fiddle

-as sick as a dog

-in good health

-in perfect shape

## **Unit II: Fitness and Health**





#### Diet

Emma: What are you searching on the net?

Timmy: I'm searching for some tips on how to go on a diet.

I want to know how to make a veggie sandwich spread.

Emma: Since when have you been a health buff?

Timmy: Only recently. I'm changing my lifestyle because I want to be slim.

Emma: Why?

Timmy: Nothing.

Emma: Oh my sweet Lord! You're in love! Who is he?

#### **Expressions/vocabulary**

Who is he? – Who are you in love with?

**health buff** – health enthusiast; someone interested in having a healthy lifestyle **veggie sandwich spread** – sandwich spread without meat

I'm changing my lifestyle.
I want to go on a diet.
I've been a health buff.

#### **Activity**

Use "health buff" in your own sentence.

## **Unit II: Fitness and health**





#### Slimming tea

Molly: I thought I saw a can of slimming tea in your cupboard.

Angela: I've been taking slimming tea for quite some time.

Molly: Don't get me wrong but I don't think it's a good idea.

Angela: It's all made from herbs.

Molly: I still wouldn't do it if I were you. It still has laxatives and diuretics that can

damage your gastrointestinal tract, not to mention dependency.

Angela: Thanks for the warning.

#### Expression/vocabulary

laxative – drug that forces emptying the bowelsdiuretics – drug that increases the discharge of urinenot to mention – in addition to

Don't get me wrong.
I've been taking slimming tea for quite some time.
I wouldn't do it if I were you.

#### Activity

Anagram is the rearrangement of words using the same letter to form another word.

Example: evil => vile

Tell me the anagram of these words:

saw but tea

## **Unit II: Fitness and health**





#### Yoga

Karen: Maya's inviting us to her hot yoga class. What do you think?

Luisa: There's no harm in trying but what are the benefits?

Karen: To name a few, it releases toxins, improves flexibility, and helps to lose

weight.

Luisa: I'd love to try but there's one problem.

Karen: What's that?

Luisa: I can't stand too much heat.

#### **Expressions/Vocabulary**

to name a few – here are a few examples

toxin - substance that causes disease

hot yoga - kind of yoga that requires hot temperature inside a roon

There's no harm in trying.

I can't stand too much heat.

I'd love to try it.

#### Activity

Use "to name a few" in your own sentence.



#### **Trends**



Allison: I think I need a fashion consultant.

Bonnie: Why did you say that?

Allison: I want to know the fashion trends that work for me and which are

within my budget.

Bonnie: If you're on a tight budget, a fashion consultant is a no-no. Just buy the

classic style, be comfortable with your body and be yourself.

polyvore

#### **Expressions/Vocabulary**

**tight budget** – your budget is just enough for your necessities.

fashion consultant – someone who gives advice on fashionable clothing

**no-no** – something unacceptable

classic style – clothing style that doesn't go out of fashion

I think I need a fashion consultant.

I want to know the fashion trends that work for me.

Just buy the classic style.

#### **Activity**

What is the latest fashion trend in Korea now?



#### **Jewelry**



Fel: Is blue your favorite color?

Sabrina: Not really. Why did you ask?

Fel: I just notice that your pendant is blue. The stones in your earrings and ring are

blue. Even your anklet is blue.

Sabrina: Oh that. Sapphire is my birthstone.

Fel: I still don't get it.

Sabrina: There's a belief that wearing your birthstone will give you wise thinking.

Fel: Oh, I'm not big on superstition.

#### **Expressions/Vocabulary**

birthstone – valuable stone that symbolizes the month birthday

**Sapphire** – deep blue jewel

pendant – something that hangs from a piece of jewelry

I'm not big on superstition.

I still don't get it.

It will give you wise thinking.

Sapphire is my birthstone.

#### Activity

#### **Practice pronouncing these words:**

-jewelry

-birthstone

-sapphire

-superstition





#### Hairstyle

Hairstylist: What style do you like?

Libby: I want a style that looks perfect for the shape of my face.

Hairstyle: Since your forehead is a little bit large, let's try bangs on you.

Libby: You think it will work?

Hairstyle: Side swept bangs will work wonders for you, my dear.

Libby: Bring it on!

#### **Expressions/vocabulary**

**Side swept bangs** – a style of bangs that is swept to the side of the face

You think it will work?

Bring it on!

I want a style that looks perfect for me.

What style do you like?

It will work wonders for you.

#### **Activity**

Explain your hairstyle to your teacher.





#### **Celebrities**

Beth: Your attire looks familiar – classic white, collared top, skinny denims and red peep-toe shoes.

Sugar: Could you guess the celebrity I copied it from?

Beth: I've seen it somewhere...

Sugar: You want a clue?

Beth: Aha! It's Cameron Diaz! You're stealing her style!

Sugar: I can't help it. This style is both casual and sophisticated.

#### **Expressions/Vocabulary**

top- garment worn on the upper half of the body

denims – jeans

**peep-toe shoes** – kind of shoes that has an opening at the end and shows part of the toes

You're stealing her style. I can't help it.

Your attire looks familiar.

This style is both casual and sophisticated.

#### Activity

What's wrong with these sentences?

-I have 3 shoes.

- My 3 boots are lost.

-A pair of pants are available.

Oh! MyEnglish Day 14 Time Frame: 10 Min.



#### Asking and telling one's job



A: How did you get those scars?

B: Oh, this? I got it when I was on duty.

A: What do you do?

B: I'm a fireman

A: Must be a tough job.

B: Yeah. But it's really fulfilling. It makes me bounce out of my bed every morning. What's your job?

A: I'm a teacher. It's also rewarding and makes me look forward to going to work every day.

#### **Expressions/Vocabulary**

on duty - at work
fulfilling - satisfying
bounce out of bed - get up

What do you do? / What's your job? It's fulfilling. I got it when I was on duty. It's rewarding. I'm a fireman. / I'm a teacher.

#### Activity

Give a list of jobs that you consider dangerous and another list of jobs that you consider lucrative.





#### **Dealing with bosses**

Benny: You're exactly 20 minutes late.

Pamela: I know. I'm so sorry!

Benny: What happened?

Pamela: It's my boss! He drives everyone nuts. He constantly changes the deadlines,

not to mention that he micromanages us to death. He's such a control freak!

Butch: Come on. Let's go have a cup of tea to calm you down.

#### **Expressions/Vocabulary**

not to mention – in addition to, as well as
micromanage – to control or manage very closely
control freak – (slang) someone who is obsessed in controlling others
He drives everyone nuts.
He constantly changes the deadlines.

#### **Activity**

Give 5 adjectives to describe your boss.





#### **Dealing with coworkers**

Selena: It's my first day tomorrow. Could you give me tips on how to have good relations with my new coworkers?

Gwen: Well, try to be friendly to everyone and be positive. You know your job description but you have to go the extra mile. Every once in a while, pitch in and help your coworkers. Just make sure that you don't give them the impression that you are a servant.

Selena: I'll keep that in mind.

Gwen: And don't forget that working in a company is not a walk in the park.

#### **Expressions/Vocabulary**

Go the extra mile – do more than what is required walk in the park - easy pitch in – help others, cooperate

I'll keep that in mind.

Try to be friendly and positive.

Don't give them the impression that you are a servant.

Working in a company is not a walk in the park

#### **Activity**

If I'm going to ask your co-workers to describe you, what do you think will they say?



#### Working abroad



Penny: I've been promoted as the new manager of one of our branches.

Bob: Oh, that's great....err, you don't seem happy about it.

Penny: I have to move to China

Bob: That's a splendid opportunity for you to learn another culture, meet new

people, and study another language. Besides, you will have fellow expats there.

Penny: I don't want to be away from my family and I'm prone to homesickness. Bob,

I don't want to work abroad.

#### **Expressions/Vocabulary**

expatriate – someone who has moved abroadprone – having a tendency tohomesickness – longing to go home and be with one's family again

I have to move to China.

You will have fellow expats there.
I don't want to work abroad.
That's a splendid opportunity.
I don't want to be away from my family.

#### Activity

Use "abroad" in your own sentence.



#### **University entrance exam**



Robert: What's taking you forever to open the envelope from the university?

Julia: Can you do it for me?

Robert: Give me that.

Julia: Here.

Robert: Oh....I'm so sorry....but...

Julia: Oh no! I don't want to hear it!

Robert: You made it!

Julia: You...you could have given me a heart attack!

#### **Expressions/Vocabulary**

What's taking you forever? - What's taking you so long?

You made it !- You succeeded

You could have given me a heart attack. – used when someone kept you waiting for an answer and you almost died of suspense.

#### **Activity**

Below are given the first and last letter of the best universities in America. Could you guess them?





#### Major

Dina: What major do you like to take up in the University?

Donald: Mom keeps on insisting that I take up Mechanical Engineering.

Dina: Have you explained to her why you wanted to major in Fine Arts?

Donald: I did that so many times. But she turns a deaf ear to me each time.

Dina: Don't worry. She'll come around once she realizes that it's your passion.

#### **Expressions/Vocabulary**

turn a deaf ear to - ignore what someone is saying

passion – strong enthusiasm

take up - turn one's interest to

What major do you like to take in the University?

I want to take up Mechanical Engineering.

I wanted to major in Fine Arts.

She'll come around.

#### Activity

What is the difference between "undergraduate" and "graduate" school?



#### **Exchange student**



Paul: Who is he?

Ted: He's an exchange student from China.

Paul: How is he faring?

Ted: Well, he practically buries himself in his studies. He's a little bit reserved.

Paul: Can he speak English very well?

Ted: Not really. He's trying hard, though. I can say that studying English drains the crap out of him.

#### **Expressions/Vocabulary**

How is he faring? – How is he getting along?

**Studying English drains the crap out of him.** – Studying English makes him really tired.

**He buries himself in his studies.** – He is always busy with his studies.

reserved - not speaking much; silent most of the time

He's a little bit reserved. He's trying hard.

He's an exchange student from China.

#### Activity

How would you introduce your country to an exchange student?



#### **Tutorial center**



Sonia: My son is having a little bit of a problem with English.

Dana: I know a top-notch tutorial center downtown. You might want to enroll your son there.

Sonia: Is it really good?

Dana: Of course. They have special programs for children who are having difficulties in certain areas. The tutors are very friendly.

Sonia: I'd like to check it.

Dana: Come with me this afternoon when I pick up my daughter.

#### **Expressions/Vocabulary**

top-notch - excellent

enroll – to register

**tutorial** – a teaching session done individually or with a small group

My son is having a little bit of a problem with math.

I know a top-notch tutorial center.

I'd like to check it.

I want to enroll my son there.

#### **Activity**

Use "top-notch" in your own sentence.



# Thank You!

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